

# Easy After-school Jiu-Jitsu

## Events, Competitions and Travel Policy

*How we run our own interclub events between EAS JJ schools, and our position on external competitions and overnight travel.*

*Version 1.0 | Adopted May 2026 | Owners: David Lindsay (DSL) and James Wood (Deputy DSL)*

### 1. Scope and what we do not do

Easy After-school Jiu-Jitsu delivers regular term-time after-school sessions in primary schools across Devon and Torbay. From time to time we host a friendly interclub competition between students at our different schools. This policy covers those events.

To be clear about what is NOT in scope:

- We do not enter our students in external Brazilian Jiu-Jitsu competitions (IBJJF tournaments, ADCC, regional opens, etc.). Where parents wish to enter their child in such competitions independently, that is their decision and EAS JJ has no involvement, supervision or insurance cover for it.
- We do not deliver overnight travel of any kind. If our model changes in future, we will adopt a separate Overnight Travel Policy and risk-assess each event before any child travels.
- We do not transport children. Parents are responsible for getting their child to and from any interclub event.

### 2. Hosting interclubs — pre-event arrangements

Our interclub events bring children from two or more EAS JJ schools together at a single host venue. The lead instructor for the event is responsible for ensuring the following are in place before the event opens:

#### Permissions and consents

- The host venue has approved use for a Jiu-Jitsu competition in writing, including dates, times, expected number of children, expected number of accompanying adults, parking arrangements and access/egress.
- Every child taking part has a written, dated parental authorisation specific to that event for the event on the booking system.
- Where photography is planned, photography consent under the Photography and Filming Consent Policy is on record.

#### Risk assessment

- A specific risk assessment for the event is produced using the EAS JJ risk-assessment template for that specific venue.
- The risk assessment is shared with all coaches working the event before the day.

## Format and rules

- The competition runs to the IBJJF junior ruleset.
- Bouts are matched by age, weight and experience, in line with our Safe Practice Policy.

## First aid, medical and emergencies

- A trained first aider holding a current Emergency First Aid at Work or Sports First Aid certificate is on the venue throughout the event.
- A well-stocked first aid kit is at the matted area, including ice packs, conforming bandages, dressings, eye-wash, gloves and tape. The location of the venues AED is known.
- The fire procedure for the venue rehearsed verbally with all coaches before the event opens.
- Any head impact during a bout follows the head-injury protocol in the Safe Practice Policy: child off the mat, observed in a quiet area, parent/carer informed, no return to BJJ for 14 days, return-to-play protocol agreed with the parent.

## Safeguarding cover

- The DSL (David Lindsay) or Deputy DSL (James Wood) is on the venue throughout. Where the DSL is also competing as a coach's family member or otherwise conflicted, the Deputy DSL takes the safeguarding role for the event.

## 3. Spectator and parent conduct

- Spectators stay behind the spectator line, do not approach the matted area or another child, and do not coach from the side.
- Coaching is from the matted area only and only by EAS JJ coaches in the role for each match.
- Any sideline behaviour that is abusive, aggressive or unsafe results in the spectator being asked to leave, and may trigger our Complaints and Appeals Procedure or, where the conduct rises to it, our Reporting Concerns Procedure.

## 4. Records

- The parental authorisations, the event-specific risk assessment, the registration list, the brackets and any incident or accident records are retained on the EAS JJ partnership system for seven years.
- Any safeguarding incident at an interclub is recorded on the Safeguarding Incident Report Form and routed via the Reporting Concerns Procedure — with the host school's DSL informed alongside the EAS JJ DSL.

## 5. External competitions and overnight travel — explicit position

We do not, at the time of writing, enter our students in external Brazilian Jiu-Jitsu competitions, nor do we deliver any overnight travel. Parents who wish to enter their child in an external competition do so independently, with their own arrangements, supervision and any insurance — Easy After-school Jiu-Jitsu has no role and is not on cover for those events.

If our position changes — for example we decide to take a small group of children to an open competition or to a multi-day camp — this policy will be updated and republished, a specific event-level risk assessment will be produced, parental authorisation specific to the event will be obtained,

and any required additional insurance and DBS checks for accompanying adults will be in place before any child travels.

## Approval and Review

This policy is reviewed by the partners of Easy After-school Jiu-Jitsu annually and reissued immediately on any change to applicable guidance. Next review due: May 2027.

Signed on behalf of Easy After-school Jiu-Jitsu:



David Lindsay, Partner / Designated Safeguarding Lead    Date: 05/06/2026



James Wood, Partner / Deputy Designated Safeguarding Lead    Date: 07/06/2026